

# PROJECT CRATERS

Creating Responsive Action  
Through Empowering  
Resources and Strategies

MENTAL HEALTH TRAINING  
DEVELOPED FOR TEENS  
BY TEENS



<http://research.uiowa.edu/hso>

Researchers at the  
University of Iowa are  
recruiting students in  
grades 6th through 12th to  
participate in a 4-module,  
mental health training.

## WHAT TO EXPECT

1. Parent or guardian completes an online survey to grant permission, if ages 13-17.  
**OR**  
If you are 18 or 19, you complete an online survey consenting to participate in the project.
2. 6-12th grade student completes online survey collecting preliminary information and you are contacted for scheduling.
3. Student participates in an in-person, CRATERS training at UI College of Public Health (dates November 1 or 15, 2025: 8a-4p)
4. Student completes 2 follow-up surveys, immediately after workshop and 30 days later.

## REQUIREMENTS

- Enrolled in grades 6th through 12th in Iowa City or surrounding areas
- Consent from Parental or legal guardian
- Student assent (willingness)
- Transportation to and from site

## TIME COMMITMENT

- Online surveys: 15-20 minutes each.
- CRATERS training: 1, 8-hour day (with breaks, lunch, & refreshments)

## LOCATION

 University of Iowa College of Public Health and Online

Scan the QR Code below to enroll:



IRB #: 202409338

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